

SOUTHERN ILLINOIS UNIVERSITY  
EDWARDSVILLE

# Pathway to Academic Success



An Introduction to  
Academic Support and Success

# Academic Support and Success

- Succeeding in College
- Achieving Results
- Understanding Academic Programs and Expectations





## Fact Check

True or False: College is a continuation of high school.

At the end of the first year of college, what is the average difference between a student's high school GPA and their college GPA?

A. .2   B. .5   C. .8   D. 1.5

# Grade 11

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Period 1</b> 8:15-9:05	Physics (11)	College Prep	Physics (11)	Global & Community Action (11)	Physics (11)
<b>Period 2</b> 9:05-9:55	Pre-Cal (11)	Government & Politics (11)	Pre-Cal (11)	Government & Politics (11)	Pre-Cal (11)
<b>Nutrition</b> 9:55-10:10	NUTRITION				
<b>Period 3</b> 10:10-11:00	Performing Arts	English 11	Performing Arts	English 11	Performing Arts
<b>Period 4</b> 11:00-11:50	PE	Pre-Cal (11)	Elective	Pre-Cal (11)	PE
<b>Lunch</b> 11:50-12:30	LUNCH				
<b>Period 5</b> 12:30-1:20	English 11	Physics (11)	English 11	Physics (11)	English 11
<b>Period 6</b> 1:20-2:10	Government & Politics (11)	Elective	Government & Politics (11)	Elective	Government & Politics (11)
<b>Period 7</b> 2:10-3:00	Foreign Language (online)	Foreign Language (online)	Foreign Language (online)	Foreign Language (online)	Club Hour
3:05-4:05	PSAT or SAT Prep	AFTER SCHOOL ACTIVITIES*			

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Time	Monday Aug 28	Tuesday Aug 29	Wednesday Aug 30	Thursday Aug 31	Friday Sep 1
8:00AM					
9:00AM					
10:00AM	CSE 115LR - A Lecture 10:00AM - 10:50AM Natural Science Complex 201	ENG 105LEC - L4 Lecture 9:30AM - 10:50AM Baldy Hall 118	CSE 115LR - A Lecture 10:00AM - 10:50AM Natural Science Complex 201	ENG 105LEC - L4 Lecture 9:30AM - 10:50AM Baldy Hall 118	CSE 115LR - A Lecture 10:00AM - 10:50AM Natural Science Complex 201
11:00AM				ENG 105LEC - L4 Lecture 11:00AM - 11:50AM Capen Hall 305	
12:00PM				CSE 199SR - B4 Recitation 12:00PM - 12:50PM Park Hall 145	
1:00PM					
2:00PM	CSE 113LR - A Lecture 2:00PM - 2:50PM Hochstetter Hall 114	CSE 113LR - A5 Recitation 1:00PM - 2:50PM Bell Hall 340	CSE 113LR - A Lecture 2:00PM - 2:50PM Hochstetter Hall 114		CSE 113LR - A Lecture 2:00PM - 2:50PM Hochstetter Hall 114
3:00PM					
4:00PM	CSE 199SR - B Seminar 4:00PM - 4:50PM Knox Lecture Hall 109		CSE 199SR - B Seminar 4:00PM - 4:50PM Knox Lecture Hall 109		CSE 115LR - A7 Recitation 4:00PM - 5:50PM Baldy Hall 21
5:00PM					
6:00PM					
7:00PM					
8:00PM					



# Timeline for Student Adjustments

Issue	When it can occur
<b>Homesickness</b>	Typically occurs in the first six weeks, but can happen anytime and may or may not be connected to other issues
<b>Time Management</b>	Appears to be a problem between weeks 3-5, but can occur at any time
<b>Study Skills</b>	First noticed <u>after</u> the first test, exam or major writing assignment
<b>Academic Expectations</b>	Many times, the student is not aware until notified by instructor via Starfish flag
<b>Stress Management</b>	Typically is realized after one of the prior issues presents itself



## **WAYS SIUE CAN HELP!**

- MetaMajors
- Academic Advising
- Career Development Center
- Success Coaches
- First Semester Transition Courses and Majors
- Learning Support Services
- ACCESS
- Counseling Services
- Kimmel Belonging and Engagement Hub

## WAYS PARENTS CAN ASSIST

- Listen objectively.
- Engage with student to understand their habits and behaviors after they arrive on campus.
- Empower your student to advocate for their needs.
- Reach out directly to University personnel when you need to intercede.





## **Personal Commitment and Preparation for Achievement**

- Be responsible
- Set goals
- Prepare
- Connect
- Personal Health and Well Being



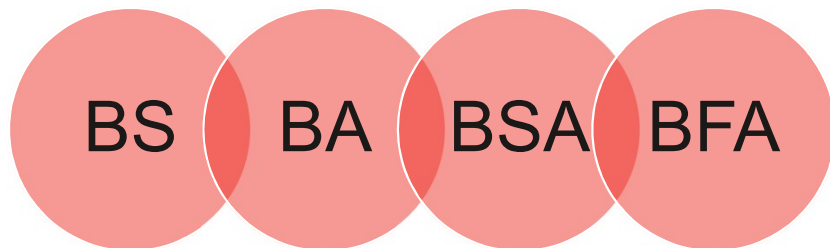
# Achieving Results

## Student Preparation for Fall

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<b>Use a planner</b>	Put summer plans and schedules in a planner.
<b>Check email</b>	Check email twice a day to develop good habits.
<b>Develop sleep schedule</b>	You will know your academic schedule. Plan the summer to develop a sleeping schedule so it is less difficult to transition.
<b>Don't forget academics</b>	Work on something academic so you don't get rusty.
<b>Evaluate your career goals</b>	If you are unsure of your major or want to confirm your decision, you can use the Career Development website to explore career outcomes.
<b>Begin the pathway to SIUE</b>	Be ready to make new friends and develop new networks at SIUE. Identify ways to stay in touch with family and longstanding friends. Don't expect to continue status quo.

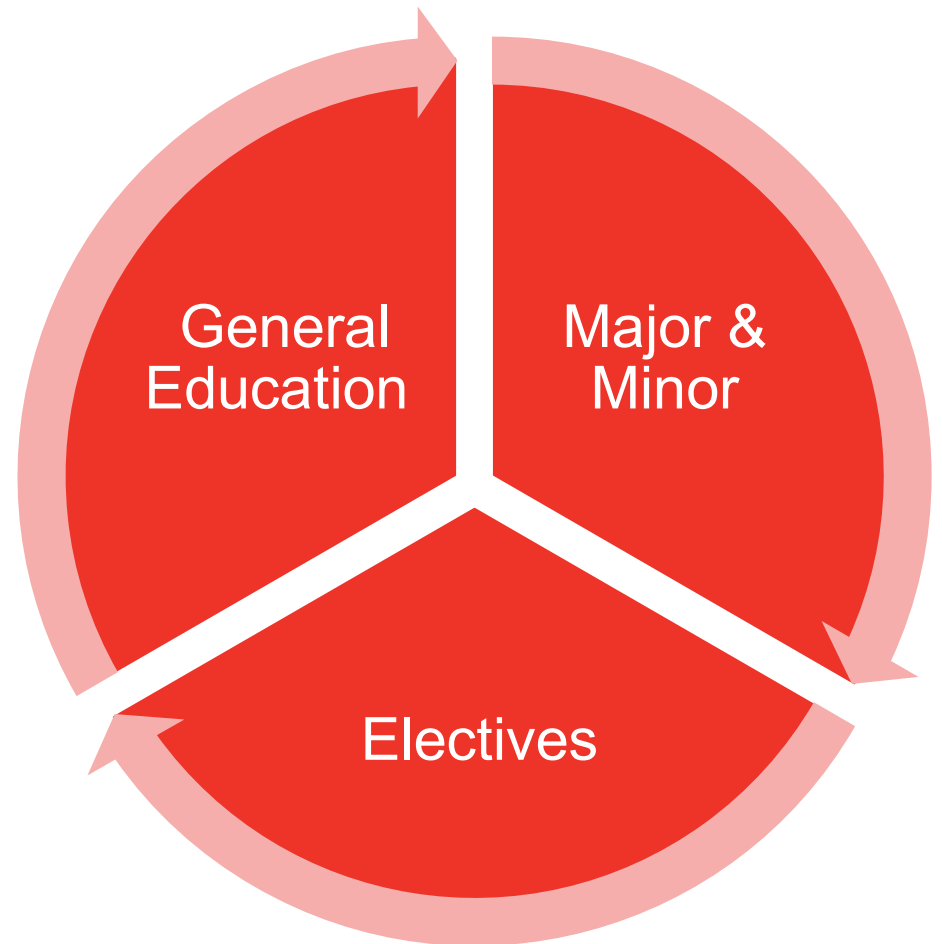
# Undergraduate Degree Structure



All degrees require at least:

- 120 credit hours
- 15 credits per semester
- 8 semesters
- 4 years

Finish!





## Typical First Semester

- General education course(s)
- FST 101 or other required transitions course
- Major related or required courses
- Electives or exploratory courses

## Academic Advising at SIUE

- First-year academic advising structure for all students in the offices of OFTA, SOAR, athletics and honors
- First-year students: meet with your advisor at least three times per semester
- Students transition to the major departments at the end of the first year upon meeting the basic milestones.
  - 30 credit hours successfully completed
  - Good academic standing 2.00 GPA or above






## Three Things to Remember

- Succeeding in college is possible with the support of your resources.
- Achieving results is within your control.
- Academic programs and expectations are different in college.





“The beginning seems to be  
more than half of the whole.”

Aristotle

# Contact Me

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# Knowledge Check!

Tell us what you learned!

