



**Syllabus for PSYC 205
Lifespan Development
Department of Psychology
Summer 2024; May 28- June 28**

Instructor: Dr. Maggie Polk

Office: AH 0129

Office Hours: By appointment only via Zoom

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Term: Summer 2024

Class Location: *Online*

Class Meeting time: Asynchronous

Course Description and Objectives: This semester we will explore both classic and contemporary research and theory in developmental psychology, from conception through adulthood.

Textbook:

Santrock, J.W. (2022). *A topical approach to lifespan development* (11th Ed.) McGraw-Hill

Undergraduate students can rent textbooks from SIUE. Please visit the [Textbook Service website](#) for more information. For off-campus classes, the textbook may be shipped to you. Look for the option “Off-Campus Classes have special instructions, click here for these.” Note: shipping time may take up to two weeks.

Other course materials

Additional readings may be assigned throughout the semester and will be posted to Blackboard.

Communicating with the instructor:

The most reliable way (and only way) to contact me is via e-mail. I respond to e-mails I receive during the week (M-F, 9-5 p.m.) within 24-48 hours. If you need to speak with me personally, I am easy to find during my office hours in my office. If you are unable to attend office hours due to a scheduling conflict, please contact me for an appointment.

E-Mail Guidelines:

E-mail is a wonderful tool when used properly. Please follow these simple guidelines when e-mailing me, so that I can identify you as one of my students quickly and address your concern without having to write you back to say “Who are you and what class are you in??” (This happens, *often!*)

1. Include class info in your subject line (PSY 205 Sec 001).
2. ALWAYS sign your e-mail. Many of you have e-mail addresses that mask your identity.
3. Please treat your e-mails as professional communications. Please use proper grammar, spelling, and punctuation.

Communicating with YOU:

I will send out many emails and announcements via Blackboard so it is your responsibility to check your SIUE email regularly, as well as Blackboard announcements.

Course Requirements and Policies

Assignments are posted in Blackboard throughout the semester and will be due online at the scheduled date and time. The dates of each assignment can be found on Blackboard and in your course calendar at the end of your syllabus. It is your responsibility to make sure that all assignments are completed and turned in on time. Work turned in after the scheduled date and time is considered late work.

Submitting Work

All assignments will be submitted via Blackboard. No emailed assignments will be accepted.

Journal Entries (140)

After completing a chapter, you will write a journal entry to reflect on the developmental topic we just covered. You will have a total of **14** journal topics. For each topic you will need to complete **three entries** for each topic— one as a child (ages 4-7), one as an adolescent (12-16), and one as your current age. Each entry should be one paragraph, and should highlight key parts of the topic you are covering for each age. Each entry should be written in first person as that age. The point of these journal entries is for you to apply what you learned in this chapter across different age groups to see how they are similar or different.

Journal entries will be posted directly on Blackboard under the Journal Page. **Entries should NOT be posted as an uploaded document. If they are not posted directly on the Journal page, they will not be graded.** For each chapter, you will create ONE entry that includes a heading for each age period you are writing about. An example of a full journal entry is included in the journal entry rubric page. **Each full journal entry is worth 10 points.** Blackboard has a full grading rubric for you to see the grade breakdown. It is in your best interest to keep up with these weekly as we finish each chapter, but they will be due at the end of each unit (see course calendar).

While these journal entries are meant to be creative and personal, proper writing is still expected, even for the “child”. Please look at the **Department of Psychology Writing Policy** for more information about what is expected in your writing. For more information and examples of journal entries, please look at the Journal Entries Guidelines on Blackboard.

Exams (300 + 200). There will be a total of 5 exams in this class: 3 mid-term exams that cover the first three units of the course, a final exam during Final Exam Week that covers the last unit of the course, and an *optional* comprehensive make-up exam on the last day of class that includes material from all four units. All exams will be open note and open book. However, these exams will include many questions in a **75 minute period**. Any material presented in lecture, your textbook, or the articles you will read for your discussion posts are fair game for an exam. Your exams will be a mixture of multiple-choice questions and short answer questions. Exams will open up on Friday of each week at 12am and close on Sunday at 11:59p.m. **Note: Except your final exam, which will open at Wednesday 12am and close on Friday at 11:59p.m.**

You will have **75 minutes** to complete the exams. Exams will be a combination of multiple choice and short-answers. Exams will be graded on a 100-point scale.

How the comprehensive make-up exam works: I do not schedule individual make-up exams for students who miss a test. If you miss an exam and wish to make it up, you may take the comprehensive make-up on the last day of class. You may also use the make-up exam to replace a low grade on one of the first three mid-terms. **You may not take the comprehensive make-up in place of the Final Exam!** The make-up includes questions from the entire semester. *Your makeup exam will take place at the very beginning of the final week of the course. Your makeup exam cannot hurt your grade, only help. It will include material from every single chapter covered.*

Discussions (150 points).

Each week, you will be asked to answer two discussion questions. One question will come from your textbook or the lecture videos. The other question will come from your weekly journal article that corresponds to that unit. In addition, you will need to reply to at least two of your classmates' posts. For each discussion topic, you will have 3 posts – 1 initial post and 2 reply posts. Each week you will have 6 total posts. Your initial post is worth 7 points, and each reply post is worth 4 points (total of 15 points for each discussion thread). In order to receive full credit for your initial post, your initial post needs to be at least 85 words, respond fully to the question on hand and provide references to your article that you have to read. Your reply posts need to be substantial replies, meaning they need to say more than “I agree” or “disagree”. You need to point out what exactly you agree or disagree on and why.

The discussion channel opens on Thursday morning at 12am and closes Friday at 11:59p.m. You must have an initial post in order to have a reply posts.

The point of these discussions is to dive in deeper to these journal articles and topics in the book. Articles will be posted in each unit folder for you to read.

Extra credit opportunities:

There will be a welcome discussion that you can answer and post 2 replies for a chance to get an additional 5 extra credit points.

You may post additional reply posts for up to 5 points of extra credit per unit. Each additional reply post will be 1 point.

Syllabus Quiz (10 points):

All students will need to complete a syllabus quiz at the start of the semester. The syllabus quiz will be completed online through blackboard. Please check the course calendar for the date of the quiz.

Course Policies

Course Questions

It is natural for everyone to have questions and I want you to feel comfortable asking questions. That said, in some cases, students ask questions that could be easily answered by looking in the syllabus or course materials. In order to facilitate personal responsibility, I ask that you follow the “rule of 3 then me” before asking a question. If your question is about the course

requirements or some aspect of the course check in 3 places for the answer before you ask me. When you ask me, tell me where you have looked for the answer and explain your question. This helps me understand the question so I can give you a better answer. If you do have a question, you can send me an email.

Technology

This course will use Blackboard (<https://bb.siu.edu>) as the primary vehicle for disseminating class materials. Announcements, lecture videos, assignments, updates, grades, and other important course information will be posted to Blackboard. It is your responsibility to regularly check this course's Blackboard website throughout the semester. All assignments will be turned in on Blackboard (when applicable) unless otherwise instructed to do something differently by the instructor of this course.

Academic integrity/plagiarism

Plagiarism is the use of another person's words or ideas without crediting that person. Plagiarism and cheating will not be tolerated and may lead to failure on an assignment, in the class, or dismissal from the University, per the SIUE academic dishonesty policy. Students are responsible for complying with University policies about academic honesty as stated in the University's Student Academic Conduct Code.

Grading

Assignment	Percentage Breakdown
Syllabus Quiz	10
Discussion (10)	150
Journal Entries (14)	140
Mid-Term exams	300 (3)
Final Exam	200
Total	800

A letter grade of A, B, C, etc. will be assigned based on the following scale:

A = 90% or better (716 points or higher); B = 80-89% (636 points or higher); C = 70-79% (556 points or higher); D= 60-69% (476 points or higher); F = anything lower than 59% (475 points or lower).

Final grades are not negotiable. I do NOT round up. There will be opportunity to receive extra credit in this course, but it is your responsibility to work for it. If you are upset about a grade on an assignment, you need to set up a meeting with me to discuss that within a week of the published grade of the assignment. After that, I will not consider a grade dispute. ***I especially do not respond to end-of-semester e-mails that request unearned grade bumps.***

Department of Psychology Writing Policy

As a student in this course, you will be expected to display university-level writing, which includes completing course assignments that meet the following basic writing criteria. Specifically, all written assignments completed for this course should include:

- clear transitions from sentence to sentence and idea to idea (e.g., paper is organized/flows well);
- verb tense consistency;
- clear and unambiguous sentences and ideas;
- writing that is free of typos, spelling errors, and major grammatical errors;
- properly formatted paper including headings, citations and references, per the 7th edition of the APA manual.

This is by no means an exhaustive list of basic writing skills, but will give you an idea of what we are looking for in our papers. If you feel you need help with your writing, you are encouraged to seek assistance from the writing center on campus (<http://www.siu.edu/is/writing>) or utilize one of the many online resources they have identified to help students (<http://www.siu.edu/lss/writing/resources.shtml>).

If your graded written assignments fail to meet the basic writing requirements listed above (and any others found to be appropriate by your instructor), the instructor will stop the grading process and return the paper to you (see below for the specific policy for this class).

- **The penalty for unacceptable writing in this class is as follows: If more than three writing errors are found on any one page of a written assignment, grading will cease, and the student's paper will be returned with a grade equal to 50% of the total point value for the assignment.**

Late or Missed Assignments

Any **written assignment** must be completed and submitted via Blackboard by their assigned time. **NO LATE WORK WILL BE ACCEPTED. Students are responsible for anticipating that technology can often fail and should be in communication with the instructor if necessary, PRIOR to the deadline.** Any assignments turned in via email past the time they are due will be considered late and not accepted. You are encouraged to confirm that your assignment has been received via blackboard.

University Policies

Services for Students Needing Accommodations

Students needing accommodations because of medical diagnosis or major life impairment will need to register with Accessible Campus Community & Equitable Student Support (ACCESS) and complete an intake process before accommodations will be given. Students who believe they have a diagnosis, but do not have documentation, should contact ACCESS for assistance and/or appropriate referral. The ACCESS office is located in the Student Success Center, Room 1203. You can also reach the office by emailing us at myaccess@siue.edu or by calling 618-650-3726. If you feel you would need additional help in the event of an emergency situation, please notify your instructor to be shown the evacuation route and discuss specific needs for assistance.

Diversity and Inclusion

SIUE is committed to respecting everyone's dignity at all times. In order to learn, exchange ideas, and support one another, our virtual and physical classrooms must be places where students and teachers feel safe and supported. Systems of oppression permeate our institutions and our classrooms. All students and faculty have the responsibility to co-create a classroom that affirms inclusion, equity, and social justice, where racism, sexism, classism, ableism, heterosexism, xenophobia, and other social pathologies are not tolerated. Violations of this policy will be enforced in line with the SIUE Student Conduct Code.

The Center for Student Diversity & Inclusion <https://www.siue.edu/csdi> is an excellent resource for students for support and community. Any person who believes they have experienced or witnessed discrimination or harassment can contact Ms. Jamie Ball, Director in the Office of Equal Opportunity, Access and Title IX Coordination at (618) 650-2333 or jball@siue.edu. There is also an online form for reporting bias incidents at https://cm.maxient.com/reportingform.php?SIUEdwardsville&layout_id=10.

Additional Support

Academic and Other Student Services

As an enrolled SIUE student, you have a variety of support available to you, including:

- [Lovejoy Library Resources](#)
- [The Writing Center](#)
- [Academic Advising](#)
- [Campus Events](#)
- [Counseling Services](#)

If you find that you need additional support, please reach out to me and let me know.

Cougar Care

Dealing with the fast-paced life of a college student can be challenging, and I always support a student's decisions to prioritize mental health. Students have access to counseling services on campus (Student Success Center, 0222). Make an appointment by visiting cougarcare.siue.edu or by calling 618-650-2842.

COVID-19 Pandemic Policies Related to Classroom Instruction (Fall 2022)

Health and Safety

The measures outlined below are required and any student who does not comply may be in violation of the *COVID-19 People-Focused Health and Safety Policy*, as well as the University's *Student Code of Conduct*.

The full text of the *COVID-19 People-Focused Health and Safety Policy* can be found here: <https://www.siue.edu/policies/Covid.shtml>

Classrooms, Labs, Studios, and Other Academic Spaces

Under current University policy, SIUE will only require masking in campus healthcare settings. See, <https://www.siu.edu/about/announcements/coronavirus/safety-guidelines-support/index.shtml>.

Individual faculty of record may determine that masking will be required in their classrooms and are asked to communicate accordingly with students. Face masks may be required in other campus sites following guidance from governing regulatory agencies.

- Students who forget to wear a face covering when masking is required will be reminded of their obligation to comply with SIUE's *COVID-19 People-Focused Health and Safety Policy* and temporarily asked to leave the class until they are able to conform to the policy. Students who forget or lose their face coverings when masking is required may be able to obtain replacements from a friend, a faculty member, or a nearby departmental office. Face coverings are also available for purchase in the Cougar Store (MUC).
- Students who refuse to wear a face covering when masking is required will be asked to leave the classroom and referred to the Dean of Students for non-compliance with community health and safety protocols. Repeated non-compliance may result in disciplinary actions, including the student being administratively dropped from an on-ground/face-to-face course or courses without refund if no alternative course format is available.
- If a student has a documented health condition which makes wearing a face covering medically intolerable, that student should contact ACCESS to explore options with the understanding that ACCESS will not grant accommodations which excuse the need for a face covering while on campus or in the classroom. ACCESS will work with qualifying individuals to find reasonable alternatives, whenever such solutions are available. Please call or contact the ACCESS Office via email to schedule an online appointment to discuss potential alternatives. ACCESS office (Student Success Center, Room 1203, 618-650-3726, and myaccess@siue.edu).

General Health Measures

Students and employees are expected to review the [siue.edu/coronavirus](https://www.siu.edu/about/announcements/coronavirus/) website (<https://www.siu.edu/about/announcements/coronavirus/>) to better understand prevention strategies and safety expectations.

- Students and employees are expected to maintain healthy hygiene practices.
- Students and employees are expected to follow COVID-related guidelines and directions.
- Students and employees are expected to conduct a daily health self-assessment and isolate themselves if COVID-related symptoms are present. COVID-related symptoms include:
 - o Fever (100.4 degrees or above) or chills
 - o Cough
 - o Shortness of breath or difficulty breathing
 - o Fatigue
 - o Muscle or body aches
 - o Headache
 - o New loss of taste or smell

- o Sore throat
- o Congestion or runny nose
- o Nausea or vomiting
- o Diarrhea

Academic Integrity

Students are reminded that the expectations and academic standards outlined in the Student Academic Code (3C2) apply to all courses, field experiences and educational experiences at the University, regardless of modality or location. The full text of the policy can be found here: <https://www.siu.edu/policies/3c2.shtml>.

Recordings of Class Content

Faculty recordings of lectures and/or other course materials are meant to facilitate student learning and to help facilitate a student catching up who has missed class due to illness or quarantine. As such, students are reminded that the recording, as well as replicating or sharing of any course content and/or course materials without the express permission of the instructor of record, is not permitted, and may be considered a violation of the University's Student Conduct Code (3C1), linked here: <https://www.siu.edu/policies/3c1.shtml>.

Potential for Changes in Course Schedule or Modality

As the COVID-19 pandemic continues, there remains a possibility that planned classroom activities will need to be adjusted. Depending on circumstances and following state-issued recommendations, potential changes include alterations to distancing requirements, course modality (e.g., transition from face-to-face to online, hybrid, or hy-flex, mask wearing, in-course activities, etc). These changes would be implemented to ensure the successful completion of the course while preserving health and safety. In these cases, students may be provided with an addendum to the class syllabus that will supersede the original version. If the course schedule or modifications significantly alter expectations, a new syllabus will be issued.

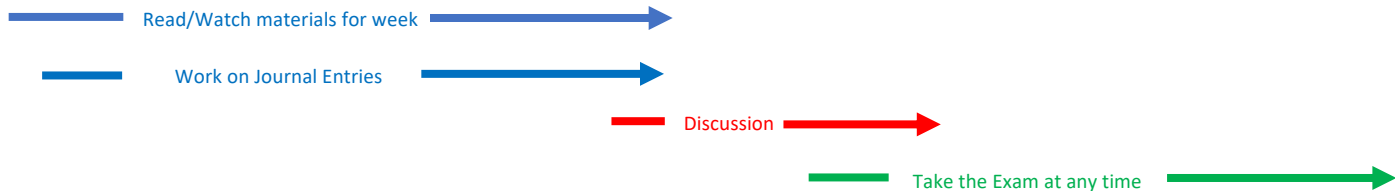
Course Structure

Online courses must be clearly and consistently structured to help students understand deadlines but should provide flexibility for students’ other engagements. To that end, this course will follow the following structure FOR THE FIRST 4 WEEKS:

<i>Monday AM – Thursday PM</i>	<i>Thursday AM – Friday PM</i>	<i>Friday AM – Sunday PM</i>
Read/Watch/Prepare/Journal	Discussion Posts	Exam
All of week’s materials will open on Monday morning. Students will read all readings, watch and take notes on lectures. Students will also work on their journal entries during this time and submit by Thursday at 11:59 p.m.	Students will participate in discussion boards based on week’s readings/lectures. There will be two for each week. Discussion will be open starting on Thursday at 12:01AM, and close at the end of day Friday (midnight). You must create an initial post and respond to at least two classmates’ posts on each discussion board (total of 6 posts each week).	Students will take their exam at the end of each week. Students will work independent on the week’s exam. Exams are open note and open book, but they are timed for 75 minutes. Please note that exams will be a mix of multiple choice and short answer questions that come from videos, the book and the weekly journal article.

**Note: You will have a welcome discussion that is due by Thursday at 11:59 p.m for extra credit.*

MON	TUES	WED	THURS	FRI	SAT	SUN	Mon
New Week opens!							New Week Opens!



Course Structure – Final Week (6/24-6/28)

<i>Monday AM – Tuesday PM</i>	<i>Wednesday AM – Friday NOON</i>
Makeup Exam/ Discussion Posts	Final Exam
If you choose to participate in a makeup exam, you will have starting Monday at 12am-Tuesday at 11:59p.m. The makeup exam is comprehensive and 75 minutes. You will also have two more discussion posts for this week. There will be NO additional readings or chapters that go with them.	Your final exam will open up on Wednesday 12a.m. and close Friday at 12:00 p.m. Your final exam will be just like other unit exams. You will have 75 minutes to take it, and it is open note and open book.

Course Calendar:

Note: All assignments will be due at 11:59pm on their assigned date through Blackboard.

Week/Dates	Topics/Readings	Due Thursday at 11:59 p.m.	Due Friday at 11:59 p.m.	Due Sunday at 11:59 p.m.
Week 1 5/28- 6/2	Introduction to Development (Ch. 1) Biological Beginnings (Ch. 2) Physical Development & Biological Aging (Ch. 3) Article: <i>Risk Taking in Adolescence</i> <i>Watch Videos</i>	<i>Syllabus Quiz</i> <i>Welcome Discussion</i> <i>Pre-Course Quiz (E.C.)</i> <i>Unit 1 Journal Entries</i> <i>**Note: Journal entries 1 & 2 have special instructions – please see BB for more details</i>	<i>Discussion 1 & 2</i>	<i>Exam 1</i>
Week 2 6/3-6/9	Motor, Sensory and Perceptual Development (Ch. 5) Cognitive Developmental Approaches (Ch. 6) Information Processing (Ch. 7) Intelligence (Ch. 8) Article: <i>Impact of Social Media Use on Executive Function (Omit Study 3)</i> <i>Watch Videos</i>	<i>Unit 2 Journal Entries</i>	<i>Discussion 3 & 4</i>	<i>Exam 2</i>
Week 3 6/10-6/16	Language Development (Ch. 9) Emotional Development and Attachment (Ch. 10) Self, Identity & Personality (Ch. 11) Gender & Sexuality (Ch. 12) Article: <i>Gender Typicality, Peer Relations and Mental Health</i> <i>Watch Videos</i>	<i>Unit 3 Journal Entries</i>	<i>Discussion 5 & 6</i>	<i>Exam 3</i>
Week 4 6/17-6/23	Moral Development (Ch. 13) Family, Lifestyles and Parenting (Ch. 14) Peer Relations (Ch. 15) Article: <i>What Makes a Marriage Work</i> <i>Watch Videos</i>	<i>Unit 4 Journal Entries</i> <i>**Note: Journal Entry 13 (ch. 14) has special instructions – see BB for more details</i>	<i>Discussion 7 & 8</i>	
	Topics/Readings		Due Tuesday at 11:59 p.m.	Due Friday at 11:59 p.m.
Week 5 6/24-6/28			<i>Comprehensive Makeup Exam</i> <i>Discussion 9 & 10</i> <i>Post Course Quiz (E.C.)</i>	<i>Final Exam (**remember your makeup exam does not replace final exam)</i>

Subject to change notice

All material, assignments, and deadlines are subject to change with prior notice. It is your responsibility to stay in touch with your instructor, review the course site regularly, or communicate with other students, to adjust as needed if assignments or due dates change.