

# SIUE Mentor Program

## Mentee Fact Sheet

The Southern Illinois University Edwardsville Mentor Program provides an opportunity for students and professionals to connect in positive one-on-one mentoring relationships. You can have the opportunity to meet with professionals within your career field to learn about their experiences and career progression, gain knowledge of the field and exchange ideas.

### **What Is My Role as a Mentee?**

The role of a mentee is to have a sincere interest in growing and developing both personally and professionally and to be responsible for scheduling and maintaining regular contact with their mentor.

### **What Is Involved in a Mentoring Relationship?**

Each mentoring relationship will be different. It is based on your individual academic and professional needs, your career interests and each mentor's strengths and talents. A mentor can provide you with a wide variety of assistance including:

- Career advice and networking tips
- Introductions to new people, places, interests and ideas
- Encouragement in defining their goals and the development of a plan of action to reach those goals

### **Am I Eligible to be a Mentee?**

All current SIUE students who wish to participate in the program as mentees must be a sophomore, in good academic standing and be fully registered with the Career Development Center Cougar Jobline. Being fully registered with the Career Development Center involves the following:

- Must have an approved resume uploaded on Cougar Jobline
- Must have completed the online Co-op/Internship Orientation

### **How Do I go about Getting a Mentor?**

Students first schedule an appointment with the Mentor Coordinator in the Career Development Center to determine eligibility and fit for the program. Once eligibility and fit has been determined, the Mentor Coordinator and student will identify viable mentors. The Mentor Coordinator will reach out to potential mentor(s) to present the student. Once a Mentor accepts, the Career Development Center Mentor Coordinator will inform the student and he/she will then contact the Mentor.

**To schedule an appointment with the Mentor Coordinator,  
Please contact us at:**

#### **CAREER DEVELOPMENT CENTER**

0281 Student Success Center | 618.650.3708 | Fax: 618.650.3656  
careerdevelopment@siue.edu | [www.siue.edu/cdc](http://www.siue.edu/cdc)