

Lesson Plan #1 - Family Lit

Title: **I am Special Book**

Objectives: In this lesson, parents and children will:

1. make an *"I am special Book"*
2. spend positive time together working on a common activity
3. point out the positive qualities of the child
4. make a wonderful keepsake

Session Time: varies greatly – range is 20 – 90 minutes (could be split up into multiple sessions if length is too long the child

Materials:

- Book template (included in this lesson plan)
- Markers or crayons
- Hole punch
- Yarn

Procedure:

1. Explain to the child that he/she is special and we're going to make a book just about him/her to show just how special the child is.
2. The parent or home visitor goes through each page asking the child to draw a picture or tell the adult the answer to the questions while the adult writes the child's information.
3. When pages are complete, punch three holes in the left side of the book and tie yarn through each hole to bind the book and finish the project.
4. Feel free to add pages by having the child tell a story or make additional pictures.

Note: This lesson plan is included in the family education kit, ***Taking Positive Steps – Positive Thinking for a Positive Life***, available through the **Southern Illinois Professional Development Center**.

I am special!

Draw and color a picture of yourself.

I am _____ years old.

I am
Special!

I am a _____.
girl/boy

I live _____.

I love to play _____.

People say I am good at _____
_____.

My favorite food to eat is _____
_____.

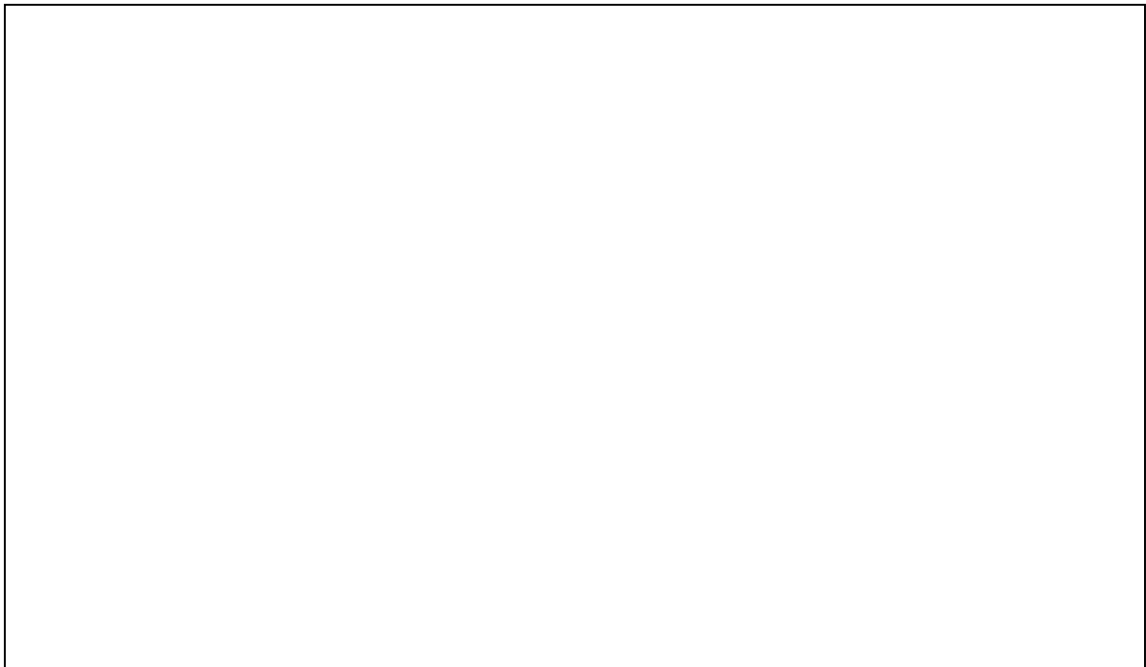
I have a pet ... yes no

Someone who loves me is

When I grow up I want to...

A large, empty rectangular box with a thin black border, intended for a child to draw or write their answer to the question above.

A special time I had was...

A large, empty rectangular box with a thin black border, intended for a child to draw or write their answer to the question above.

This is my hand.

(Trace your hand here)

This is my foot.

(Trace your foot or add a page for this)

Today's date is: _____

I am
Special



Written by _____

I illustrated by _____